

# COMPLETE HEALTH

Date: \_\_\_/\_\_\_/\_\_\_

## PATIENT INFORMATION

First Name: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Last Name: \_\_\_\_\_

Work Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Date of Birth \_\_\_/\_\_\_/\_\_\_ Sex: M \_\_\_ F \_\_\_

Cell Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Address: \_\_\_\_\_ Apt. # \_\_\_\_\_

Is it ok to call you at work?: \_\_\_ Yes \_\_\_ No

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_

Email: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Employer: \_\_\_\_\_

How did you hear about us?

Address: \_\_\_\_\_

\_\_\_ Spouse is a patient Name: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

\_\_\_ Referred by: \_\_\_\_\_

Marital Status: Single \_\_\_ Married \_\_\_ Other \_\_\_

\_\_\_ Internet \_\_\_ Insurance Co. \_\_\_ Physician

## DEMOGRAPHICS

Employment Status: \_\_\_ Employed \_\_\_ FT Student \_\_\_ PT Student \_\_\_ Retired \_\_\_ Self Employed \_\_\_ Other

Race: \_\_\_ White \_\_\_ Black/African American \_\_\_ Hispanic \_\_\_ Asian Indian

\_\_\_ Asian \_\_\_ American Indian/Alaskan Native \_\_\_ Chinese \_\_\_ Vietnamese

\_\_\_ Japanese \_\_\_ Native Hawaiian/Pacific Island \_\_\_ Korean \_\_\_ Filipino

\_\_\_ Samoan \_\_\_ Guamanian/Chamorro \_\_\_ I choose not to specify \_\_\_ Other: \_\_\_\_\_

Multi-Racial: \_\_\_ Yes \_\_\_ No \_\_\_ Unknown

Ethnicity: \_\_\_ Hispanic or Latino \_\_\_ Not Hispanic or Latino \_\_\_ I choose not to specify

Preferred Language: \_\_\_ English \_\_\_ Spanish \_\_\_ Chinese \_\_\_ German \_\_\_ American Sign Language

\_\_\_ French \_\_\_ Tagalog \_\_\_ Italian \_\_\_ Japanese \_\_\_ Polish \_\_\_ French Creole

\_\_\_ Koren \_\_\_ Arabic \_\_\_ Russian \_\_\_ Armenian \_\_\_ Greek \_\_\_ Portuguese

\_\_\_ Hindi \_\_\_ Persian \_\_\_ Gujarati \_\_\_ Vietnamese \_\_\_ Urdu \_\_\_ I choose not to specify

## VERIFICATION QUESTION

(For access to your electronic health records)

\_\_\_ What is the name of your favorite pet? \_\_\_ In what city were you born? \_\_\_ What high school did you attend?

\_\_\_ What was the make of your first car? \_\_\_ What is your favorite movie? \_\_\_ On what street did you grow up?

\_\_\_ What is your mother's maiden name? \_\_\_ When is your anniversary?

Answer to the chosen question: \_\_\_\_\_

## ACCIDENT INFORMATION

Is your condition due to an accident? \_\_\_ Yes \_\_\_ No

Date of Accident: \_\_\_/\_\_\_/\_\_\_

Type of Accident: \_\_\_ Auto \_\_\_ Work \_\_\_ Home \_\_\_ Other

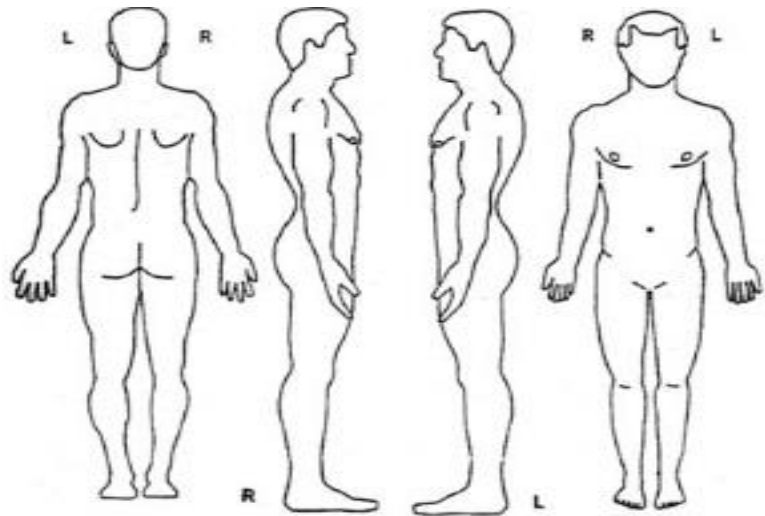
To whom have you made a report of your accident?

\_\_\_ Auto Insurance \_\_\_ Employer \_\_\_ Workers Comp. \_\_\_ Other

## SYMPTOM INFORMATION

By using the key below, please indicate on the body diagram where you are experiencing the following symptoms:

- # = Numbness
- X = Burning
- / = Stabbing
- 0 = Pins & Needles
- + = Dull Ache



Describe your symptoms: \_\_\_\_\_

When did your symptoms start? \_\_\_/\_\_\_/\_\_\_

How did your symptoms begin? \_\_\_\_\_

1. Frequency of symptoms: \_\_\_Constantly \_\_\_Frequently \_\_\_Occasionally \_\_\_Intermittently
2. Type of pain: \_\_\_Sharp \_\_\_Dull ache \_\_\_Numb \_\_\_Shooting \_\_\_Burning \_\_\_Tingling \_\_\_Stabbing
3. Changes in pain? \_\_\_Getting better \_\_\_Not changing \_\_\_Getting worse
4. Over 4 weeks, indicate the average intensity of your symptoms:  
\_\_\_0 None \_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4 \_\_\_5 \_\_\_6 \_\_\_7 \_\_\_8 \_\_\_9 \_\_\_10 Unbearable
5. Over 4 weeks, has pain interfered with your normal work/housework?  
\_\_\_Not at all \_\_\_A little bit \_\_\_Moderately \_\_\_Quite a bit \_\_\_Extremely
6. Over 4 weeks, has pain interfered with your social activities?  
\_\_\_All of the time \_\_\_Most of the time \_\_\_Some of the time \_\_\_A little of the time \_\_\_None of the time
7. Your overall health right now is: \_\_\_Excellent \_\_\_Very good \_\_\_Good \_\_\_Fair \_\_\_Poor
8. Other doctors? \_\_\_None \_\_\_Other Chiropractor \_\_\_Medical Doctor \_\_\_Physical Therapist \_\_\_Other
9. Other treatment types? \_\_\_Adjustments \_\_\_Physical Therapy \_\_\_Medication \_\_\_Surgery \_\_\_Other
10. When was this treatment? \_\_\_In the last month \_\_\_2-3 months \_\_\_3-6 months \_\_\_6 months - 1 year  
\_\_\_1-2 years \_\_\_2-5 years \_\_\_5-10 years
11. Imaging: \_\_\_X-rays \_\_\_MRI \_\_\_CT Scan \_\_\_Other
12. When was the imaging? \_\_\_In the last month \_\_\_2-3 months \_\_\_3-6 months \_\_\_6 months - 1 year  
\_\_\_1-2 years \_\_\_2-5 years \_\_\_5-10 years
13. Similar symptoms in the past? \_\_\_Yes \_\_\_No
14. Previous treatment? \_\_\_This office \_\_\_Other Chiro. \_\_\_Medical Doctor \_\_\_Physical Therapist \_\_\_Other
15. Occupation: \_\_\_Professional/Executive \_\_\_White Collar/Secretarial \_\_\_Tradesperson \_\_\_Laborer  
\_\_\_Homemaker \_\_\_Student \_\_\_Retired \_\_\_Other
16. If you are not retired, a home maker, or a student, what is your work status?  
\_\_\_Full-time \_\_\_Part-time \_\_\_Self-employed \_\_\_Unemployed \_\_\_Off Work \_\_\_Other

## CURRENT HEALTH

Family Physician: \_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Fax: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Allergies: \_\_\_Latex \_\_\_Adhesive

\_\_\_Other: \_\_\_\_\_

Are you Pregnant? Yes \_\_\_ No \_\_\_

Due Date: \_\_\_/\_\_\_/\_\_\_

## HEALTH HISTORY

Please describe any injuries/surgeries you have had:

Falls: \_\_\_\_\_ Date: \_\_\_\_\_

Head Injuries: \_\_\_\_\_ Date: \_\_\_\_\_

Broken Bones: \_\_\_\_\_ Date: \_\_\_\_\_

Dislocations: \_\_\_\_\_ Date: \_\_\_\_\_

Surgeries: \_\_\_\_\_ Date: \_\_\_\_\_

## FAMILY HISTORY

Has anyone in your family ever had any of the following? Please specify (parents and siblings only):

Arthritis \_\_\_Yes \_\_\_No Relation: \_\_\_\_\_

Cancer \_\_\_Yes \_\_\_No Relation: \_\_\_\_\_

Cholesterol Problems \_\_\_Yes \_\_\_No Relation: \_\_\_\_\_

Diabetes \_\_\_Yes \_\_\_No Relation: \_\_\_\_\_

Heart Problems \_\_\_Yes \_\_\_No Relation: \_\_\_\_\_

High Blood Pressure \_\_\_Yes \_\_\_No Relation: \_\_\_\_\_

Stroke \_\_\_Yes \_\_\_No Relation: \_\_\_\_\_

Thyroid Problems \_\_\_Yes \_\_\_No Relation: \_\_\_\_\_

Do you have any children? \_\_\_No

\_\_\_Male under 6 years \_\_\_Male under 10 years \_\_\_Male under 19 years \_\_\_Male over 19 years

\_\_\_Female under 6 years \_\_\_Female under 10 years \_\_\_Female under 19 years \_\_\_Female over 19 years

## SOCIAL HISTORY

Caffeine Use: \_\_\_Never \_\_\_Occasionally \_\_\_Often

Drink Alcohol: \_\_\_Never \_\_\_Occasionally \_\_\_Often

Chew Tobacco: \_\_\_Never \_\_\_Occasionally \_\_\_Often

Experience Stress: \_\_\_Never \_\_\_Occasionally \_\_\_Often

Exercise: \_\_\_Never \_\_\_Occasionally \_\_\_Often

Wear Seat Belt: \_\_\_Never \_\_\_Usually \_\_\_Always

Smoke: \_\_\_1 pack or less a day \_\_\_1 pack or more a day

Amphetamine Use: \_\_\_Past \_\_\_Present

Barbiturate Use: \_\_\_Past \_\_\_Present

Cocaine Use: \_\_\_Past \_\_\_Present

Crystal Meth Use: \_\_\_Past \_\_\_Present

Heroin Use: \_\_\_Past \_\_\_Present

Marijuana Use: \_\_\_Past \_\_\_Present

## ACTIVITIES

Occupational: \_\_\_\_\_ Manual Labor: \_\_\_Light \_\_\_Medium \_\_\_Heavy

Recreational: \_\_\_\_\_

# REVIEW OF SYMPTOMS

Have you had trouble with any of the following:

**Cardiovascular:**      \_\_\_ No

	Present	Past
Poor Circulation		
High Blood Pressure		
Aortic Aneurism		
Heart Disease		
Vascular Disease		
Heart Attack		
Chest Pain		
High Cholesterol		
Pace Maker		
Jaw Pain		
Irregular Heartbeat		
Swelling in Legs		

**Genitourinary:**      \_\_\_ No

	Present	Past
Kidney Disease		
Lower Side Pain		
Burning Urination		
Frequent Urination		
Blood in Urine		
Kidney Stone		

**Hematologic/**

**Lymphatic:**      \_\_\_ No

	Present	Past
Hepatitis		
Blood Clots		
Cancer		
Easy Bruising		
Easy Bleeding		
Fevers/Chills/Sweats		

**Respiratory:**      \_\_\_ No

	Present	Past
Asthma		
Tuberculosis		
Shortness of Breath		
Emphysema		
Cold/Flu		
Cough/Wheezing		

**Ears/Nose/Throat:**      \_\_\_ No

	Present	Past
Dizziness		
Hearing Loss		
Sinus Infection		
Nosebleed		
Sore Throat		
Difficulty Swallowing		
Bleeding Gums		

**Eyes:**      \_\_\_ No

	Present	Past
Glaucoma		
Double Vision		
Blurred Vision		

**Integumentary:**      \_\_\_ No

	Present	Past
Skin Lesions		
Skin Ulcers		
Skin Disease		
Eczema		
Psoriasis		
Rashes		

**Allergic/**

**Immunologic:**      \_\_\_ No

	Present	Past
Hives		
Immune Disorder		
HIV/AIDS		
Allergy Shots		
Cortisone Use		

**Gastrointestinal:**      \_\_\_ No

	Present	Past
Gallbladder Problems		
Bowel Problems		
Constipation		
Liver Problems		
Ulcers		
Diarrhea		
Nausea/Vomiting		
Bloody Stools		
Poor Appetite		

**Musculoskeletal:**      \_\_\_ No

	Present	Past
Gout		
Arthritis		
Joint Stiffness		
Muscle Weakness		
Osteoporosis		
Broken Bones		
Joints Replaced		

**Endocrine:**      \_\_\_ No

	Present	Past
Thyroid Disease		
Diabetes		
Hair Loss		
Menopausal		
Menstrual Problems		

**Psychiatric:**      \_\_\_ No

	Present	Past
Depression		
Anxiety Disorder		
Unusual Stress		

**Constitutional:**      \_\_\_ No

	Present	Past
Weight Loss/Gain		
Energy Level Problem		
Difficulty Sleeping		

**Neurologic:**      \_\_\_ No

	Present	Past
Babinski		
Stroke		
Seizures		
Head Injury		
Dementia		
Brain Aneurysm		
Numbness		
Severe Headaches		
Pinched Nerves		
Parkinson's Disease		
Carpal Tunnel		
Spinning Balance		

**MEDICATIONS**

Please list current medications, dosage, and frequency.

Medication	Dosage	Frequency
1. _____		
2. _____		
3. _____		
4. _____		

\_\_\_None

Medication	Dosage	Frequency
5. _____		
6. _____		
7. _____		
8. _____		

Please list any known allergies to medications.

1. \_\_\_\_\_  
 2. \_\_\_\_\_

\_\_\_None

3. \_\_\_\_\_  
 4. \_\_\_\_\_

**SMOKING**

Do you smoke tobacco of any kind? \_\_\_Yes, currently \_\_\_Former smoker \_\_\_Never been a smoker  
 If yes, how often do you smoke? \_\_\_Everyday \_\_\_Sometimes  
 If yes, what is your level of interest in quitting smoking?  
 \_\_\_0 \_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4 \_\_\_5 \_\_\_6 \_\_\_7 \_\_\_8 \_\_\_9 \_\_\_10

**CURRENT HEALTH CONDITIONS**

Has any doctor diagnosed you with Hypertension presently? \_\_\_Yes \_\_\_No

If yes, please describe: \_\_\_\_\_

Has any doctor diagnosed you with Diabetes presently? \_\_\_Yes \_\_\_No What kind? \_\_\_Type 1 \_\_\_Type II

If yes, was your blood lab-work test for hemoglobin A1c&gt;9.0%? \_\_\_Yes \_\_\_No \_\_\_Not sure

If yes, other comments regarding Diabetes: \_\_\_\_\_

Briefly list any other main health problems: \_\_\_\_\_

Have you had an X-ray or CT scan or MRI of your low back spine in the past 28 days? \_\_\_Yes \_\_\_No

**TO BE PERFORMED BY CLINIC STAFF**

Height: \_\_\_\_\_ inches

Weight: \_\_\_\_\_ pounds

BP: \_\_\_\_\_/\_\_\_\_\_